“NATIONAL PUBS WEEK”

Sponsored mountain bike ride in aid of The Dilke Hospital

Wednesday 22nd Feb @ 7.15pm (lights required)

Start & finish @ **The Tufthorn Inn, Milkwall** (Tel 01594 810820)

6 miles on (fairly flat) forest tracks.

Free hot food @ the finish!

Riders Name: .....

Sponsors Name	Amount	Paid